THE TEN COMMANDMENTS

Exodus 19-20, 24



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Message	God's commandments are guidelines for a blessed life.
Learning Objectives	The children will learn: God gave us the Ten Commandments because He loves us and to reveal His will. We keep the Ten Commandments because we love God and our neighbour.
Bible Text	Exodus 19-20, 24

The Ten Commandments



The Israelites were away from Egypt for three months. They were now in the wilderness of Sinai and had set up camp at the foot of the mountain. Moses went up the mountain where God called to him. "I protected you from harm and brought you here to Me. If you obey and keep My laws, then you shall be a special treasure to Me above all people. Say this to the children of Israel."

Moses went down the mountain and told the people what the Lord had told him. Three days later, the mountain was covered by a thick cloud. Thunder and lightning came from the clouds and it sounded as if a loud trumpet was being blown. The people trembled with fear.

Moses went up the mountain again and received the Ten Commandments. God said,

- 1. "I am the Lord your God, You will not have any other gods before Me.
- You shall not misuse the name of the Lord your God.
- 3. Remember the Sabbath day to keep it holy.
- 4. Honour your father and your mother, that your days may be long upon the land which the Lord your God is giving you.
- 5. You shall not murder.
- 6. You shall not commit adultery.
- 7. You shall not steal.
- 8. You shall not speak falsely against your neighbour.
- 9. You shall not desire your neighbour's house.
- 10. You also shall not want anything that is your neighbour's."

Suggestions for the Teacher

Lead-In

Show the picture to the children. Discuss with them what they see. Ask what she/he may feel.... Let some of the children play the gift of the commandments in a role-play. Instruct them before. Provide disguise / fancy dress, 2 prepared boards with letters.

Lesson Instructions

Begin telling the story...

Discuss with the children...

- What happens on Mount Sinai? (God reveals Himself to Moses.)
- What does he promise? (God makes a covenant with them: The Israelites are His people.)
- What is a covenant? (An agreement, promise, contract, treaty, pact, or pledge)
- What does he give to Moses? (The Ten Commandments)
- Why does God give the Ten Commandments to the Israelites?

 (He wants to give them a set of laws to help them live their lives in a way that pleases him.)

Have the children repeat...

- God gave us the Ten Commandments because He loves us and to reveal His will.
- We keep the Ten Commandments because we love God and our neighbour.

Real-Life Application (explain the following)

- Through the covenant God made, they became God's property, His people.
- What is a rule? Do you know an example?
 (A school handbook for acceptable behaviour, the law,)
- God expected His people to live according to His laws: to love and honour God, respect one another, and restrain from sin.
- God expects the same from us today.

Repeat the Message God's commandments are guidelines for a blessed life.